

 Huntington Hospital
Maternal Child Health Services

Your Personal Checklist

AT HOME

- ☐ Identify birth partner
- ☐ Select pediatrician
- ☐ Discuss feeding options with your pediatrician
- ☐ Fill out birth certificate worksheet. Include with your hospital stay bag
- ☐ Review car seat installation
- ☐ Develop a plan to communicate with family and friends
(The hospital does not give out any information about you or your baby)
- ☐ Make a written list of all allergies and medications including dosage you are currently taking

PRE-ADMISSION

- ☐ Fill out and submit Labor and Delivery Registration Form to hospital
- ☐ Discuss the following with your doctor:
 - ☐ Method of delivery
 - ☐ Pain management
 - ☐ Potential need for blood products
- ☐ Optional: Complete Labor Preference Sheet
- ☐ Pack one bag for your LDR birth experience and one bag for your hospital stay
- ☐ Prepare blankets, diapers and baby clothes for your baby's trip home (The hospital provides for your baby's needs during the hospital stay)

ADMISSION

- ☐ Sign your admission paperwork
- ☐ Give your list of allergies/medications to your LDR nurse
- ☐ Give your Labor Preference Sheet to your LDR nurse
- ☐ Bring your bag containing items for labor into the LDR. Leave the second bag containing items for your hospital stay in the car until your transfer to Maternity