

Crohn's Disease

Crohn's disease is a type of inflammatory bowel disease (IBD) that affects more than a million Americans. In this condition, there is inflammation of the digestive tract lining that causes symptoms such as severe diarrhea, abdominal pain, fatigue, malnutrition, and weight loss. The inflammation can, at times affect the deeper layers of the bowel tissue.

Although the condition cannot be cured, you do not have to let Crohn's disease impact the quality of your life. At Huntington Colorectal Surgeons, we have a team of highly qualified, experienced and skilled surgeons who can offer advanced therapeutic options. A personalized treatment plan helps you or your loved one experience relief from symptoms while many patients experience complete remission.

As the leading colorectal practice in San Gabriel Valley, we offer comprehensive care for Crohn's disease and other colorectal conditions. The center is headed by Dr. Howard Kaufman who has undertaken extensive research in the field apart from pioneering the use of advanced minimally invasive techniques to treat Crohn's disease.

Causes and symptoms

While the exact causative factors are not known, researchers have found that an overactive immune system apart from family history and smoking can raise the risk of Crohn's disease.

Some of the common symptoms of Crohn's disease include:

- **Diarrhea** - as a result of the intestines producing large quantities of salt and water that are not absorbed by the colon.
- **Abdominal pain and cramping** - Inflammation and ulceration of the bowel leads to formation of thickened scar tissue that impairs the functioning of the digestive tract, leading to cramps and pain that can be severe.
- **Bloody stools** – The digestive process can worsen inflammation in the bowel, leading to bleeding.
- **Ulcers** – Sores may form in the intestine due to chronic inflammation, which can progress to larger ulcers over time. These larger ulcers can cause perforations in the intestine.

Treatment for Crohn's disease

When it comes to managing Crohn's disease, accuracy of diagnosis is critical. Many times, the condition can be misdiagnosed as ulcerative colitis or other conditions that can lead to mistreatment. At our practice, Dr. Kaufman uses advanced diagnostics and his experience to precisely identify the condition and initiates the most effective treatment plan. The therapy is directed at enhancing patients' quality of life and eliminating pain, trauma, and discomfort.

Dr. Kaufman and his team can effectively treat and control the distressing symptoms of Crohn's disease while helping avoid or reverse its complications that can include

- Bowel obstructions
- Ulcers
- Anal fissures and fistula
- Bowel perforations
- Bleeding
- Malnutrition
- Weight loss

Unparalleled patient care and clinical expertise

Huntington Colorectal Surgeons is the top-rated colorectal practice in San Gabriel Valley and is headed by Dr. Howard Kaufman who has won numerous awards for his exceptional achievements in the field. While he has passionately pursued efforts throughout his career to reduce surgical trauma in patients, he has pioneered minimally invasive surgical techniques for Crohn's disease.

Patient education, dedicated and comprehensive care, clinical excellence, short length of stay and enhanced recovery pathways are our core strengths.

Our practice has been an early adopter of new technologies including laparoscopic and robotic surgery systems. Cutting-edge technology combined with the unparalleled expertise and skills of Dr. Kaufman and his team have led our practice achieving the best outcomes for patients every time.

Living with Crohn's need not translate to pain, discomfort and other debilitating symptoms. Schedule an appointment with Dr. Kaufman to know your therapeutic options that enrich the quality of your life.