

Help at Home

Sometimes, after a procedure or because of health and mobility changes, it's helpful to have someone to assist with household chores and personal care. We call these helpers "home caregivers."

What does home care provide?

A home caregiver, also known as a home care aide, can help with daily activities like:

- Bathing, Dressing, Toileting
- Housekeeping
- Grocery Shopping
- Meal Preparation
- Transportation

How can I pay for a home caregiver?

Medicare: Medicare does not cover the cost of a home caregiver. Medicare does cover in-home services after an illness or injury (commonly provided by Home Health Agencies). This may include nurse visits, physical therapy, occupational therapy, speech therapy and a bath aid for a limited amount of time.

Medi-Cal: The In-Home Supportive Services (IHSS) program helps pay, with Medi-Cal funding, for home caregivers based on an in-home assessment. For more information, visit cdss.ca.gov/In-Home-Supportive-Services or contact Los Angeles County IHSS at (888) 944-4477 or (213) 744-4477. If you have Medi-Cal through SCAN or a Program for All Inclusive Care for the Elderly (PACE), some caregiving may also be covered by those plans.

Long Term Care Insurance: Privately purchased insurance can cover the cost of caregivers. Talk to your insurance provider directly for details on how your policy works.

VA Aid and Attendance Benefit: For veterans who served during wartime and their spouses, the VA may provide a monthly benefit to pay for home care. To learn more, call the VA Benefits Hotline at (800) 827-1000 or the LA County Department of Military and Veterans Affairs at (626) 813-3403.

Independent Caregivers: Some individuals work independently as caregivers. The person hiring the caregiver is responsible to check references and pay wages, payroll taxes and workers' compensation insurance. These caregivers can register with the State of California's home care aide registry; you can check their registration online here: cld.dss.ca.gov/hcsregistry/registrysearch.aspx

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Private Caregiving Agencies: Home care organizations are licensed by the state and required to be bonded and insured and hire home care aides who are registered with the state after a background check. You pay these agencies out-of-pocket for care.

Home care organizations :

These organizations (contracted with Senior Care Network) serve the San Gabriel Valley; out-of-pocket costs vary from about \$35-\$43/hour. Call each organization for more details.

Dynamic Nursing Services (818) 981-4446 or (800) 955-9111

Facility license #: 194700000

Right at Home Hacienda Heights (CBSA Home Care, Inc.) (626) 961-0500

Facility license #: 194700153

Right at Home Pasadena (626) 584-8130

Facility license #: 194700002

Visiting Angels (MNT Senior Services, Inc.) (818) 549-1400

Facility license #: 194700072

Human Services Association Home Based Care Program

For adults 60 years and older who are homebound and live in certain areas of the San Gabriel Valley, this program will provide 2-3 hours of assistance with light household chores every other week for a donation of \$10 per visit. Call (626) 358-1185 for more information, or visit:

hsala.org/services/supportive-services-program

This list is not intended to be all-inclusive and does not represent a recommendation by Huntington Health, but rather provides basic information about local resources.



Please contact the Senior Care Network Resource Center for questions and additional resources at scninfo@huntingtonhealth.org or (626) 397-3110 option 1 or (800) 664-4664.

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