

# Help with Transportation

Getting around town can be a challenge, especially if you aren't feeling well or need some assistance. Below is a list of local services for transportation that may be able to help. Please contact providers directly for updates, to schedule services and to request special accommodations.

## **LA County Services**

**Access** (800) 827-0829 [accessla.org](http://accessla.org): A curb-to-curb shared-ride service for people unable to safely use public transportation on their own. Eligibility for services is determined through an in-person evaluation.

**Access Mobility Management Program** (213) 270-6066: Available to Access members and the general public. Mobility counselors provide one-on-one and group lessons on how to use bus and rail services, apply for discounts, and other local transportation options.

**LA Metro** (323) 466-3876 [metro.net](http://metro.net): Bus and rail transportation throughout LA County.

**Reduced Fare TAP Card Program** (213) 680-0054 [metro.net/reduced-fares](http://metro.net/reduced-fares): TAP is a reloadable fare card that allows for transportation on LA Metro. TAP cards for seniors and people with disabilities are also accepted by several participating agencies, such as some of the Dial-A-Ride Programs mentioned below.

## **Dial-A-Ride Programs**

Shared, curb-to-curb transportation service for a fee (typically \$0.50-\$2.00 per ride). Eligibility for services is based on age or disability with a doctor's note.

- **Glendale** (818) 548-3960, serves ages 65+
- **Highland Park** (323) 526-9344, serves ages 65+
- **La Cañada Flintridge** (818) 790-8880, serves ages 60+
- **Pasadena, San Marino, and Altadena** (626) 744-4094, serves ages 60+
- **Sierra Madre** (626) 355-5278, serves ages 62+
- **South Pasadena** (626) 403-7368, serves ages 55+

*(continued on next page)*

## **Non-emergency medical transportation**

Medi-Cal insurance plans provide transportation to and from medical appointments. If this applies to you, call your Medi-Cal insurance provider to learn more. If you'd like information on private-pay options for this type of transportation, including specialty transport in a gurney or wheelchair, call the Senior Care Network Resource Center (see bottom of flyer).

## **Individual rides**

- **Aging Next Ride and Go** (909) 621-9900: Door-to-door transportation services provided by volunteer drivers and transportation reimbursement for seniors 60+ in Los Angeles County.
- **GoGoGrandparent** (310) 400-5082 [gogograndparent.com](http://gogograndparent.com): Personalized service to order rides, groceries, or meals from online vendors (like Uber, DoorDash, Instacart, etc.) without a smartphone. Membership and service fees apply.
- **Transportation apps** (Taxi, Uber, and Lyft) Check with your smartphone app store. If needed, ask about assistance in and out of the vehicle and if you can bring your walker or wheelchair.

## **Need more than a ride?**

If you also need some help in and out of the car, assistance while in the store, or companionship for an appointment, you may want to consider hiring a caregiver. Home caregivers can provide help with a variety of daily activities, including driving. Contact the Senior Care Network Resource Center (see bottom of flyer) to learn more.

*This list is not intended to be all-inclusive and does not represent a recommendation by Huntington Health, but rather provides basic information about local resources.*



**Please contact the Senior Care Network Resource Center for questions and additional resources at [scninfo@huntingtonhealth.org](mailto:scninfo@huntingtonhealth.org) or (626) 397-3110 option 1 or (800) 664-4664.**

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