

Help with Medications

Understanding and properly taking your medications can improve your day-to-day life. Below is a list of services, resources, and information about medication. Please contact providers directly to discuss your specific needs and schedule services.

Safe Practices

- Learn about each medication you take.
- Have a complete list of medications on hand at appointments, including over-the-counter medications and vitamins.
- Follow all prescribing directions.
- Use only one pharmacy.
- Be aware of side effects and share with your physician.

Medication information

Huntington Hospital's Medication Therapy Management Clinic

(626) 397-5559: This service is available to discharged patients and community members for one-on-one, 90-minute appointments. Medication review sessions to discuss side effects and create a medication action plan are free. Please bring all medications for reference.

Websites: Online sources can provide basic information on medication side effects, drug interactions, and pictures of pills. Try: drugs.com and mayoclinic.org

Local pharmacies that deliver

Delivery fees may apply. Contact your insurance company to verify if you have delivery coverage in your specific plan.

- **National Pharmacy Chains (like CVS, Walgreens, and Walmart).**

Contact your local pharmacy for eligibility on select medications and fees.

- **Fairmont Pharmacy** 50 Bellefontaine St., Suite 103, Pasadena CA, 91105
(626) 793-1188

- **Flintridge Pharmacy** 529 Foothill Blvd., La Cañada Flintridge, CA 91011
(818) 790-1802

- **Webster's Community Pharmacy** 2450 N. Lake Ave., Altadena, CA 91001
(626) 797-1163

- **986 Pharmacy** 9209 S. Colima Rd., Suite 1100, Whittier, CA 90605
(562) 789-5852

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Tools to manage medications

Bubble packs are multiple pills packaged together and pre-printed with dosage information to be taken at a certain time in the day.

- **Pill Pack** (by Amazon Pharmacy) (855) 745-5725 pillpack.com. Copays apply.
- **SimpleDose** (by CVS Pharmacy) (800) 753-0596 cvs.com/simpledose. Additional copays may apply when setting up service.

Medication management applications (Apps): For a mobile device such as a phone, tablet, or watch. (Check the app store on your smartphone, fees may apply). Examples include: Medisafe Medication Management, Dosecast, MiCare MyMed.

Pill box: A plastic pill box helps keep your medications organized in individual sections to easily take throughout the day. Some companies even offer automated versions with visual and auditory reminders and safety features. Contact the Senior Care Network Resource Center (see bottom of flyer) to learn more.

Need help with the cost of medicine?

Contact your local pharmacy or pharmaceutical manufacturer to see what discount assistance programs may be available. Below are online resources:

- **NeedyMeds.org** has information on medication and health care costs savings programs, including prescription assistance programs.
- **GoodRx.com** provides comparisons of prescription drug prices and discounts on medication.
- **SingleCare.com** allows you to search a pharmacy and obtain a discount card. The card must be shown to your pharmacist to obtain the discount.

This list is not intended to be all-inclusive and does not represent a recommendation by Huntington Health, but rather provides basic information about local resources.



Please contact the Senior Care Network Resource Center for questions and additional resources at scninfo@huntingtonhealth.org or (626) 397-3110 option 1 or (800) 664-4664.

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