

# 2026 free health counseling and screenings by a registered nurse



## No appointment necessary

- Personal health guidance
- Hypertension (high blood pressure) screening
- Diabetes (high blood sugar) risk assessment and screening
- Medical and social services referrals
- Health promotion literature and resources

**Minimum two hour fasting required for blood sugar screening.**

**Community Outreach: (626) 397-3376 • [huntingtonhealth.org](http://huntingtonhealth.org)**

### 2026 Schedule – Dates are subject to change

<b>Altadena Senior Center Loma Alta Park</b> 3330 Lincoln Ave., Altadena (New Location)  <b>2nd Monday</b> <b>8:30 – 10:30 a.m.</b> January 12, February 9, March 9, April 13, May 11, June 8	<b>Bob Lucas Memorial Library</b> 2659 Lincoln Ave., Altadena (New Location)  <b>2nd Tuesday</b> <b>10 a.m. – Noon</b> January 13, February 10, March 10, April 14, May 12, June 9	<b>Crowell Library</b> 1890 Huntington Dr., San Marino  <b>2nd Wednesday</b> <b>10 – 11:30 a.m.</b> January 14, February 11, March 11, April 8, May 13, June 10	<b>Friends In Deed</b> 444 E. Washington Blvd., Pasadena  <b>2nd Tuesday</b> <b>10 a.m. – Noon</b> January 13, February 10, March 10, April 14, May 12, June 9
<b>Hastings Branch Library</b> 3325 E. Orange Grove Blvd., Pasadena  <b>3rd Wednesday</b> <b>10 – Noon</b> January 21, February 18, March 18, April 15, May 20, June 17	<b>Jackie Robinson Center</b> 1020 N. Fair Oaks Ave., Pasadena  <b>3rd Thursday</b> <b>11:30 a.m. – 1:30 p.m.</b> January 15, February 19, March 19, April 16, May 21, June 18	<b>La Pintoresca Branch Library</b> 1355 N. Raymond Ave., Pasadena  <b>2nd Thursday</b> <b>10 a.m – Noon</b> January 8, February 19, March 12, April 9, May 14, June 11  <i>*February 19 is 3rd Thursday</i>	<b>Pasadena Senior Center</b> 85 E. Holly St., Pasadena  <b>3rd Friday</b> <b>9 a.m. – 11 a.m.</b> January 16, February 20, March 20, April 17, May 15
<b>Santa Catalina Branch Library</b> 999 E. Washington Blvd., Pasadena  <b>1st Monday</b> <b>10 a.m. – Noon</b> January 5, February 2, March 2, April 6, May 4, June 1	<b>South Pasadena Senior Center</b> 1102 Oxley St., South Pasadena  <b>3rd Tuesday</b> <b>9 a.m. – 11 a.m.</b> January 20, February 17, March 17, April 21, May 19, June 16	<b>Victory Park Farmer’s Market</b> 2901 N. Sierra Madre Blvd., Pasadena  <b>2nd Saturday</b> <b>8 – 10 a.m.</b> January 10, February 14, March 14, April 11, May 9, June 13	<b>Villa Parke Farmers Market</b> Corner of Garfield and Villa St., Pasadena  <b>3rd Tuesday of the month</b> <b>9 – 11 a.m.</b> January 20, February 17, March 17, April 21, May 19, June 16